



NCD Café Programme

1-3 December 2015

Vancouver, Canada | Vancouver Convention Centre, Global Village

Organised by:

Alzheimer's Disease International. American Cancer Society, American College of Cardiology, American Heart Association, Bupa, Eli Lilly & Company, Forum of International Respiratory Societies, Framework Convention Alliance, International Diabetes Federation, International Osteoporosis Foundation. LIVESTRONG. Management Sciences for Health (MSH), Medtronic Philanthropy, Merck, NCD Child, Norwegian Cancer Society, Novo Nordisk, Sanofi, The International Union Against Tuberculosis and Lung Disease (The Union), Union for International Cancer Control, World Heart Federation

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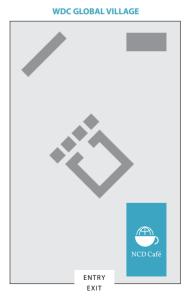
In the spirit of multisectoral partnership, the NCD Café is a series of interactive sessions organised by supporters of the NCD Alliance.

Non-communicable diseases (NCDs), which include diabetes, cancer, cardiovascular diseases, chronic respiratory diseases, and mental and neurological disorders, share common risk factors and health systems challenges; and also common solutions. A united response is therefore immensely beneficial for diabetes and other NCDs.

The global response to NCDs is accelerating, with a UN Summit on NCDs in 2011, followed by a UN Review of Progress in 2014. Now, NCDs have a dedicated target in the Sustainable Development Goals, heralding the dawn of a new era for diabetes and other NCDs.

The NCD Café will provide the opportunity to discuss current global health and NCD topics in an open and engaging environment, with at least half of each session dedicated to open and interactive discussion between participants and speakers from all backgrounds, regions, and sectors. A selection of drinks and healthy refreshments will be provided.

The NCD Café booth can be found in the Global Village. Full session details are listed in the NCD Café programme available from the booth. Come and join us for refreshments, stimulating discussions, and collaborative solutions!



TUESDAY, DECEMBER 1 NCD Café – Health For All

13:00 - 14:15 Session 1. Expanding Access to Care for Diabetes and NCDs

Dr Kaushik Ramaiya (Tanzania Diabetes Association, Tanzanian NCD Alliance & Shree Hindu Mandal Hospital), Dr David Beran (University of Geneva), Ms Bonnie Keith (PATH), Ms Krystal Boyea (IDF North America and Caribbean Region & IDF Young Leaders in Diabetes Programme)

14:30 - 16:00 Session 2. Leave No-one Behind: What Works for Addressing Diabetes and NCDs in Vulnerable Populations

Ms Katie Dain (NCD Alliance), Dr David Cavan (International Diabetes Federation), Professor Gloria Gutman (International Longevity Centre Canada & Simon Fraser University), Ms Soraya Ramoul (Novo Nordisk), Dr Malcolm King (Simon Fraser University & CIHR Institute of Aboriginal Peoples' Health)

WEDNESDAY, DECEMBER 2 NCD Café – A Patient Centred Response

13:00 - 14:15 **Session 3.** Patients at the Centre of Healthcare: Engaging People Living with Diabetes and NCDs in the Response

Mr Keegan Hall (IDF Young Leaders in Diabetes Programme & Diabetes South Africa), Dr Durhane Wong-Rieger (International Alliance of Patient Organizations & Consumer Advocare Network), Mr Alex Silverstein (UK National Health Service (NHS)), Ms Jessica Daly (Medtronic Philanthropy), Ms Gail Attara (Gastrointestinal Society)

14:30 - 16:00 **Session 4.** Strengthening Health Systems for Diabetes and NCD Co-morbidities: Successful Approaches for Integrated Care

Dr Petra Wilson (International Diabetes Federation), Mr Marc Wortmann (Alzheimer's Disease International), Dr Mikhail Kosiborod (Saint Luke's Mid America Heart Institute & University of Missouri Kansas City), Dr Ritu Rana (Population Services International), Professor David Kendler (University of British Columbia)

THURSDAY, DECEMBER 3 NCD Café – Building Capacity

13:00 - 14:15 Session 5. Mobile Technology for Diabetes and NCDs:

Leveraging Experiences from the 'Be He@lthy, Be Mobile' Initiative

Dr Line Kleinebreil (Be He@lthy Be Mobile Initiative & Université Numérique Francophone Mondiale), Dr Catherine Levy (Sanofi Diabetes), Professor Maïmouna Ndour (Be He@lthy Be Mobile Initiative, Senegal & University Cheikh Anta Diop), Dr Fiona Adshead (Bupa)

14:30 - 16:00 Session 6. Advocacy and Capacity Building for Diabetes and NCDs at Global, Regional and National Levels

Ms Katie Dain (NCD Alliance), Ms Beatriz Yáñez Jiménez (International Diabetes Federation), Mr Timothée Froment (IDF Young Leaders in Diabetes Programme & Belgian Diabetes Association), Professor Adel El-Sayed (IDF Middle East and North Africa Region), Mr Craig Waugh (Eli Lilly and Company & NCD Roundtable), Ms Leigh-Ann Bailie (Diabetes South Africa & South African NCD Alliance), Dr Cecilia Pacchiotti (Sociedad de Diabetologia y Nutrición del Uruguay), Professor Sunny Chinenye (Diabetes Association of Nigeria & Nigeria NCD Alliance)

NCD CAFÉ: HEALTH FOR ALL

Session 1. Expanding Access to Care for Diabetes and NCDs

13:00 - 14:15

Objectives

- Outline the necessity of UHC for the NCD response; and of an effective NCD response to facilitate achievement of UHC
- To present the different dimensions of UHC and explore how these relate to diabetes and NCDs: providing health services; covering populations; and covering costs.
- To focus on case studies, associated barriers, and concrete solutions, and explore the role of NGOs and the private sector in advancing UHC.

Background

NCDs, including diabetes, cause more deaths than all other diseases combined; an estimated 36 million every year in total. And they strike hardest at the world's low- and middle-income countries. However many health systems are ill-equipped to deal with this growing burden, and in many LMICs there is severely inadequate access to and availability of essential NCD medicines and technologies. The growing political momentum to achieve universal health coverage (UHC) – ensuring that everyone can access the quality health services they need without experiencing financial hardship – provides an important opportunity to improve access to care for diabetes and other NCDs.

SPEAKERS



Chair: Dr Kaushik Ramaiya

Hon. General Secretary, Tanzania Diabetes Association and Tanzanian NCD Alliance & Consultant Physician and Chief Executive Officer, Shree Hindu Mandal Hospital



Dr David Beran

Researcher & Lecturer in International and Humanitarian Medicine, University of Geneva



Ms Bonnie Keith

Program Officer NCDs and Reproductive Health, PATH



Ms Krystal Boyea Regional Coordinator, IDF North America and Caribbean Region & Vice President, IDF Young Leaders in Diabetes Programme

NCD CAFÉ: HEALTH FOR ALL

Session 2. Leave No-one Behind: What Works for Addressing Diabetes and NCDs in Vulnerable Populations

14:30 - 16:00

Objectives

- To explore the unique challenges and solutions of diabetes and other NCDs in vulnerable populations
- To present issues and solutions specific to indigenous peoples, women, children, and the elderly
- To look forward to future actions in the context of the post-2015 development agenda

Background

Diabetes and other NCDs are both a cause and a consequence of inequity. Vulnerable groups, including women, indigenous groups, children and the elderly, are at particular risk of the impacts of certain NCDs and yet are all too often unable to access essential care and treatment. Women are often at increased risk of diabetes and other NCDs due to socio-cultural norms, face discrimination within health services and society, and frequently bear the responsibility of primary care provision in a household. Indigenous peoples are at increased risk of NCDs not only through socio-economic and environmental factors, but also those which are historical and genetic. Co-morbidities and social factors among older people augment the need for a holistic approach which is all too often overlooked. Children are at risk of specific NCDs in the short-term, while in the long-term, failure to address NCD prevention from early childhood as part of a life-course approach contributes further to the NCD burden. The greatest change can be made in the most vulnerable groups - it is imperative to leave no-one behind if the NCD response is be successful.

SPEAKERS



Chair: **Ms Katie Dain** Executive Director, NCD Alliance



Dr David Cavan

Director Policy & Programmes, International Diabetes Federation



Professor Gloria Gutman

Vice President, International Longevity Centre Canada & Professor and Director Emerita, Simon Fraser University



Ms Soraya Ramoul

Director, Changing Diabetes Partnerships, Novo Nordisk



Dr Malcolm King

Professor, Simon Fraser University Faculty of Health Science & Scientific Director, CIHR Institute of Aboriginal Peoples' Health

NCD CAFÉ: A PATIENT CENTRED RESPONSE

Session 3. Patients at the Centre of Healthcare: Engaging People Living with Diabetes and NCDs in the Response

13:00 - 14:15

Objectives

- To highlight the importance of engaging people living with diabetes and other NCDs, including patients, survivors, and carers, in the NCD response
- To understand youth perspectives and the specific role of youth-led advocacy
- To understand the effect of policy and health promotion messages from the perspective of people living with NCDs

Background

The UN High-Level Summit on NCDs in September 2011 marked the beginning of a new era for diabetes and other NCDs. Since this event, it has become universally accepted that the NCD response necessitates a 'whole of society' approach, with inputs from governments, UN agencies, NGOs, the private sector – and crucially also people living with or affected by diabetes and other NCDs. People living with diabetes and NCDs must be involved at all stages of the NCD response, including advocacy, policy development, health service design, implementation, and evaluation of programmes. Patients are by definition at the very centre of healthcare, and the opportunity to reflect this fully in the NCD response is an opportunity which must be built upon to benefit individuals and the world.

SPEAKERS



Chair: Mr Keegan Hall

President, IDF Young Leaders in Diabetes Programme & Public & External Relations Manager, Diabetes South Africa



Dr Durhane Wong-Rieger

Chair, International Alliance of Patient Organizations & Chair, Consumer Advocare Network



Mr Alex Silverstein

Patient and Public Involvement Manager, UK National Health Service (NHS)



Ms Jessica Daly

Senior Portfolio Lead, Chronic Care, Medtronic Philanthropy

Ms Gail Attara



President & Chief Executive Officer, Gastrointestinal Society

NCD CAFÉ: A PATIENT CENTRED RESPONSE

Session 4. Strengthening Health Systems for Diabetes and NCD Co-morbidities: Successful Approaches for Integrated Care

14:30 - 16:00

Objectives

- To examine the burden and origins of co-morbidites of diabetes and other NCDs
- To discuss current areas of weakness for healthcare systems to respond to diabetes and NCD co-morbidities
- To explore best practice in realigning healthcare systems for integrated chronic care, including a particular focus on the role of disease registries

Background

Diabetes and other NCDs are collectively driven by the same risk factors and social determinants and often present as comorbidities. People living with diabetes are more susceptible to cardiovascular disease, mental and neurological health disorders, and osteoporosis; and as such require complex, ongoing, holistic care. With increasingly ageing populations in both developed and developing countries, the burden of these co-morbidities is continually growing, and yet health systems are ill-equipped to respond. In order to respond effectively to NCD co-morbidities, there is a need to strengthen and reorient health systems for chronic conditions, and to integrate care packages across diabetes and other NCDs. Interventions must be made at the levels of surveillance, health system planning, workforce training, clinical guidelines, and quality monitoring.

SPEAKERS



Chair: Dr Petra Wilson

Chief Executive Officer, International Diabetes Federation



Mr Marc Wortmann Executive Director, Alzheimer's Disease

International



Dr Mikhail Kosiborod

Cardiologist & Clinical Researcher, Saint Luke's Mid America Heart Institute & Professor of Medicine, University of Missouri Kansas City



Dr Ritu Rana

General Manager, Programs & Technical Expert (NCDs), Population Services International



Professor David Kendler

Professor of Medicine in Endocrinology, University of British Columbia

NCD CAFÉ: BUILDING CAPACITY

Session 5. Mobile Technology for Diabetes and NCDs: Leveraging Experiences from the 'Be He@Ithy, Be Mobile' Initiative

13:00 - 14:15

Objectives

- To emphasise the unique role of mHealth in prevention and control of diabetes and other NCDs
- Particular focus on examples of mDiabetes and mTobaccoCessation
- To share lessons learned in global coordination and local implementation and the need for a multisectoral approach at all stages

Background

Diabetes and other NCDs are a global problem requiring global solutions, and yet millions of people, most significantly in developing countries, are without access to treatment and support for prevention. With almost 7 billion mobile subscriptions worldwide, of which three quarters are in developing countries, mobile technology has the potential to radically improve health services – including in some of the remotest and resource poor environments. Key opportunities for NCDs include education and awareness of risk factors; improved remote monitoring of chronic conditions such as diabetes; diagnosis and treatment advice; and training of healthcare workers. The World Health Organization- and International Telecommunication Union-led mHealth initiative 'Be He@Ithy, Be Mobile' combines the potential of mHealth with a comprehensive multi-sectoral approach which runs throughout planning and implementation.

SPEAKERS



Chair: Dr Line Kleinebreil

Consultant, Be He@lthy Be Mobile Initiative & Vice President, Université Numérique Francophone Mondiale



Dr Catherine Levy

Head of Patient Strategy and Global Health, Sanofi Diabetes



Professor Maïmouna Ndour

Chief Project Coordinator, Be He@lthy Be Mobile Initiative, Senegal & Senior Lecturer, University Cheikh Anta Diop



Dr Fiona Adshead

Chief Wellbeing and Public Health Officer, Bupa

NCD CAFÉ: BUILDING CAPACITY

Session 6. Advocacy and Capacity Building for Diabetes and NCDs at Global, Regional and National Levels 14:30 - 16:00

Objectives

- To share experiences and best practice in global advocacy for diabetes and other NCDs, including interactions with World Health Organization and the United Nations
- To offer an opportunity for global coordination and alignment, and to set plans in motion for transition from global policy to national action
- To share lessons in advocacy, programme implementation and organisational development at the national and regional level in developing and developed contexts, building on discussions and outcomes of the Global Forum of National and Regional NCD Alliances.

Background

This session will provide an opportunity for participants and experts to network in an informal environment. After giving a short introduction to their area of specialisation, experts including leaders from the NCD Alliance network, supporters, and national alliances will spend the majority of the session in discussion with participants in order to maximise collaboration and innovation.

Significant progress has been made in the past four years in the global political response to NCDs, marked by the 2011 UN Summit on NCDs, the development of a Global NCD Action Plan and Global NCD Monitoring Framework, the 2014 UN Review of Progress, and most recently, inclusion of NCDs in the sustainable development goals. However, continued advocacy will be crucial to ensure progress is monitored and targets are to be realised. Furthermore, while global advocacy is essential, sustainable progress will only be achieved through action at the national level via local change agents and strong civil society coalitions. Multi-sectoral partnership approaches to diabetes and other NCDs need to be the cornerstone of the global response.

NCD CAFÉ: BUILDING CAPACITY

SPEAKERS



Host: Ms Katie Dain

Executive Director, NCD Alliance

Katie's experience includes strategic organizational development, global advocacy and policymaking, program design, and capacity-building.



Opening Remarks: **Professor Adel El-Sayed** Chair, IDF Middle East & North Africa

Chair, IDF Middle East & North Africa Region (MENA)

With a long-established career in diabetes, Professor El-Sayed is currently actively leading efforts to establish NCD Alliances for Egypt and the MENA Region.



Mr Craig Waugh

Global Leader, Eli Lilly and Company & Member, NCD Roundtable

Craig leads Lilly's work to identify solutions for communities and patients impacted by diabetes and NCDs in countries including Brazil, India, Mexico and South Africa.



Ms Leigh-Ann Bailie

Executive Manager, Diabetes South Africa & Founding Member, South African NCD Alliance

With training in business management and economics and a career background in diabetes, Leigh-Ann is personally motivated to address NCDs by their impact on her own family.



Ms Beatriz Yáñez Jiménez

Global Advocacy Administrator, International Diabetes Federation

Since joining IDF, Beatriz has coordinated the Global Diabetes Scorecard monitoring project and also the IDF Calls to Action on key global advocacy areas.



Mr Timothée Froment

European Chair, IDF Young Leaders in Diabetes Programme & Board Member, Belgian Diabetes Association

Aged 24, Timothée has also completed a Masters in International Education, sailed across the Atlantic, and lives with type 1 diabetes.



Dr Cecilia Pacchiotti

Past Vice President and Secretary, Sociedad de Diabetología y Nutrición del Uruguay

Dr Pacchiotti is a medical doctor in diabetes and paediatrics, with particular expertise in nutrition. The Sociedad de Diabetología y Nutrición is a member of the Uruguayan NCD Alliance.



Professor Sunny Chinenye

President, Diabetes Association of Nigeria & Vice President, Nigeria NCD Alliance

A medical doctor, Professor Chinenye's work is directed towards Nigerians living with diabetes and other disabilities, especially those who are vulnerable and disadvantaged.

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Dr Fiona Adshead

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Ms Gail Attara President and Chief Executive Officer, Gastrointestinal Society - Session 3

Ms Leigh-Ann Bailie

Executive Manager, Diabetes South Africa & Founding Member, South African NCD Alliance - Session 6

Dr David Beran

Researcher & Lecturer in International and Humanitarian Medicine, University of Geneva - Session I

Ms Krystal Boyea

Regional Coordinator, IDF North America and Caribbean Region & Vice President, IDF Young Leaders in Diabetes Programme - Session I

Dr David Cavan Director Policy & Programmes, International Diabetes Federation - *Session 2*

Professor Sunny Chinenye President, Diabetes Association of Nigeria & Vice President, Nigeria NCD Alliance - *Session 6*

Ms Katie Dain Executive Director, NCD Alliance - Sessions 2 & 6

Ms Jessica Daly Senior Portfolio Lead Chronic Care, Medtronic Philanthropy - Session 3

Professor Adel El-Sayed Chair, IDF Middle East and North Africa Region (MENA) - Session 6

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Vice President, International Longevity Centre Canada & Professor and Director Emerita, Simon Fraser University - Session 2

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Ms Bonnie Keith Program Officer NCDs and Reproductive Health, PATH - Session I

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Mr Alex Silverstein

Patient and Public Involvement Manager, UK National Health Service (NHS) - Session 3

Mr Craig Waugh Global Leader Eli Lilly and Company

Global Leader, Eli Lilly and Company & Member, NCD Roundtable – Session 6

Dr Petra Wilson Chief Executive Officer, International Diabetes Federation - Session 4

Dr Durhane Wong-Rieger Chair, International Alliance of Patient Organizations & Chair, Consumer Advocare Network - *Session 3*

Mr Marc Wortmann

Executive Director, Alzheimer's Disease International - Session 4

